



# CHOOSE YOUR LEVEL. CHANGE A LIFE.



Mentoring Plus believes everyone has something to give. Whether you have one hour or several, there's a mentoring level that fits your life—and changes a young person's future.



## *GUIDE*

- Show up consistently
- Be a positive adult presence
- Listen, encourage, and support



## *MENTOR*

- Help youth set goals
- Teach basic life skills
- Provide accountability and encouragement



## *LIFE COACH*

- Stand up for youth success
- Help navigate school, work, or life challenges
- Be a consistent voice of hope

